

Colorado CTE Course – Scope and Sequence

Course Name	Personal Development: Interpersonal and Family Relationships		Course Details	6-9 Weeks	
			Course = 0.50 Carnegie Unit Credit		
Course Description	This Middle School course is an introduction to aspects of persona development, interpersonal and family relationships.				
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered. Menu of Options/Ideas for Curriculum: Level 1: Career Interest Development - CTECS - WRS				
SCED Identification #		Schedule calculation based on 60 calendar days of a 90-day semester. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.			
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills 2021 Version of PWR/Essential Skills					
Instructional Unit Topic	Suggested Length of Instruction	CTE or Academic Standard Alignment <i>Standard alignment to be added at local discretion</i> National FCS Middle School Standards	Competency / Performance Indicator	Outcome / Measurement	CTSO/PWR (essential) Skills/ICAP* Integration *MS ICAP Quality Indicators
Values and Goals	1 week	6.3 Examine diverse perspectives, needs and characteristics of individuals and families	Determine and document personal values and goals	SMART GOALS project Values Reflection	
Self-Esteem <ul style="list-style-type: none"> • Personality Traits • Self-Respect • Peer Pressure 	1 week	6.4 Describe factors contributing to healthy relationships with others and self	Explore and analyze aspects of self that contribute to healthy self-concept and relationships with others	I AM ME Presentation	
Friendships & Family <ul style="list-style-type: none"> • Structures • Roles • Responsibilities 	1-2 weeks	6.2 Examine types of interpersonal and Family relationships		Friends and Family Reflections Project	

