Colorado CTE Course – Scope and Sequence

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<th>Course Name</th>
<th>Child and Adolescent Development</th>
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Course Description

The purpose of this course is to acquire knowledge and understanding of child and adolescent development necessary for strengthening the well-being of children and families. Content focuses on perspectives of human development, research and theories, understanding and nurturing development, and challenges to development.

Note: This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.

SCED Identification #

Schedule calculation based on 60 calendar days of a 90-day semester. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.

All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at [https://www.cde.state.co.us/standardsandinstruction/essentialskills](https://www.cde.state.co.us/standardsandinstruction/essentialskills). The technical standards for Family and Consumer Sciences are found on the National Administrators for Family and Consumer Sciences website at [http://www.nasafacs.org/national-standards-and-competencies.html](http://www.nasafacs.org/national-standards-and-competencies.html).

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<th>Instructional Unit Topic</th>
<th>Suggested Length of Instruction</th>
<th>CTE or Academic Standard Alignment</th>
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- [Image]
| Unit 1: Perspectives on Human Development | (45 minute class periods) | NASAFACS 15.1 Analyze roles and responsibilities of parenting
NASAFACS 15.4 Analyze physical and emotional factors related to beginning the parenting process | 15.1.2 Analyze expectations and responsibilities of parenting
15.1.3 Analyze influences of parenting practices on individuals, families and society
15.1.4 Analyze societal conditions that influence parenting across the life span
15.1.5 Explain cultural differences and similarities in roles and responsibilities of parenting
15.4.4 Analyze legal and ethical impacts for current and emerging technology on fertility and family planning | Are You Ready to Be a Parent Survey
Comparing Parenting to Other Careers
Parenting Styles Project
Ready Or Not Infant Simulator |
| --- | --- | --- | --- | --- |
| Unit 2: Research and Theories in Human Development | (45 minute class periods) | NASAFACS 12.1 Analyze principles of human growth and development across the lifespan
NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development | 12.1.3 Analyze current emerging research about human growth and development including but not limited to brain development research
15.2.3 Assess common practices and emerging research about influences of discipline on human growth and development | Laws of Development QR Code Scans
PIES Development Notes/Activities for each age group
Supernanny Episodes |
| Unit 3: Understanding Development | (45 minute class periods) | NASAFACS 12.1 Analyze principles of human growth and development across the lifespan  
NASAFACS 15.4 Analyze physical and emotional factors related to beginning the parenting process | 12.1.1 Analyze physical, emotional, social, moral and cognitive development  
12.1.2 Analyze interrelationships among physical, emotional, social, moral, and cognitive aspects of human growth and development.  
15.4.1 Analyze the biological processes related to prenatal development, birth and health of child and mother  
15.4.2 Analyze social, emotional, and environmental factors of prenatal development and birth in relation to the health of parents and child | Reproduction Escape Challenge  
Pregnancy/Prenatal Health Stations  
Prenatal Health Mastery Doc  
Pregnancy Towers  
Labor and Delivery Flipbook  
Birth Experience Interview | FCCLA Focus on Children |
| Unit 4: Nurturing Development | 10 Classes (45 minute class periods) | NASAFACS 12.3 Analyze strategies that promote growth and development across the lifespan  
NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development | 12.3.1 Analyze the role of nurturance on human growth and development  
12.3.2 Analyze the role of communication on human growth and development  
12.3.3 Analyze the role of educational and family and social services support systems and resources in meeting human growth and development needs  
15.2.5 Apply criteria for selecting care and services for children and youth | Birth Defects Flyer  
Infant Bonding  
Infant, Toddler, and Preschool Play Days/Stations  
Infant, Toddler, and Preschool Lesson Plans and Observation Days  
Literacy Day - Make your own children’s book | FCCLA  
Teach and Train |
| Unit 5: Challenges to Development | (45 minute class periods) | NASAFACS 12.2 Analyze conditions that influence human growth and development  
NASAFACS 15.2 Evaluate parenting practices that maximize human growth and development | 12.2.1 Analyze the influences of heredity and environment on human growth and development  
12.2.2 Analyze the influences of social, economic, and technological forces on individual growth and development  
12.2.3 Analyze the influences of gender, ethnicity and culture on individual development  
12.2.4 Analyze the influences of life events on individual's physical, emotional, social, moral and cognitive development  
12.2.5 Analyze geographic, political, and global influences on human growth and development  
15.2.4 Analyze the effects of abuse and neglect on children and families and determine methods for prevention  
15.2.5 Apply criteria for selecting care and services for children and youth | Nature vs. Nurture Bingo  
Screen Time and Children lesson/lesson plan  
Babies Movie Assessment  
Discipline vs. Abuse = Matilda or Supernanny | FCCLA Digital Stories for Change | TOTAL 65 Class Periods (45) |
| minutes of Instruction Each Class Period; per CTE Redesign requirements |  |  |  |