

Colorado CTE Course – Scope and Sequence

Course Name	Cosmetolog	gy Intermediate I	Course Details	Credit = 2.0-3.0 (This course is generally scheduled for 375 hours to meet the DOR licensure eligibility requirements.)	
			Course = 0.50 Carnegie Unit Credit		
				Prerequisite: none	
				CTE Credential: CTE Perso Services	nal Care
Course Description					
Note:	This is a suggested scope and sequence for the course content. The content will work with any textbook or instructional resource. If locally adapted, make sure all essential knowledge and skills are covered.				
SCED Identification #	Schedule calculation based on 60 calendar days of a 90-day semester. Scope and sequence allows for additional time for guest speakers, student presentations, field trips, remediation, or other content topics.				
All courses taught in an approved CTE program must include Essential Skills embedded into the course content. The Essential Skills Framework for this course can be found at https://www.cde.state.co.us/standardsandinstruction/essentialskills					
Instructional Unit Topic	Suggested Length of Instruction	CTE or Academic Standard Alignment	Competency / Performance Indicator	Outcome / Measurement	CTSO Integration
Career Development		Develop an education and career plan aligned with personal goals. Integrate multiple sources of career information from diverse formats to make informed career decisions, solve problems, and manage personal career plans.	Explore and engage in career development activities. Student is expected to: (A) investigate employment opportunities, including entrepreneurship and salon ownership/management;	Research local employment opportunities in Colorado in your area of interest. Write an informative paper or develop an infographic identifying entry-level requirements for specific job types and note any special skills or techniques that employers are seeking.	Student ICAP



		(B) evaluate data or outcome of a broad range of personal care services; and (C) understand career pathways and training and licensing requirements for cosmetology professionals in Colorado.	
Safety, Sanitation, and Efficient Work Practices (These standards may be embedded into the individual practice areas or covered as a stand-alone unit)	Understand and apply safety, sanitation, and efficient work practices for cosmetology professionals. Demonstrate health and safety procedures, regulations, and personal health practices and determine the meaning of symbols, key terms, and domain-specific words and phrases as related to the Beauty Industry workplace environment. Use health and safety practices for storing, cleaning, and maintaining tools, equipment, and supplies.	Careers in cosmetology include all aspects of sterilization and sanitation procedures and personal care services, including hair care, nail care, and skin care. Students will be expected to develop an understanding of the technical knowledge and skills needed for success in the personal care services industry including: (A) Demonstrate the development of procedures of a safe and healthy work environment; (B) Demonstrate safe handling and use of	Identify personal and jobsite safety hazards and demonstrate practices for safe and healthy work environments. Accurately read, interpret, and demonstrate adherence to safety rules, including but not limited to rules pertaining to Occupational Safety and Health Administration (OSHA) and Environmental Protection Agency (EPA) guidelines, and state and national code requirements. Be able to distinguish between rules and explain why certain rules apply. Define and differentiate possible emergencies and emergency procedures. Create a disaster and/or emergency response plan including real-life examples



disinfectant products and tools;

- (C) Explain and/ or demonstrate providing all services in a safe environment, taking measures to prevent the spread of infections and contagious disease;
- (D) List the various types and classifications of bacteria;
- (E) Describe how bacteria grow and reproduce; (F) Describe the relationship of bacteria to the spread of disease; (G) Define common diseases and disorders encountered by cosmetology professionals and provide brief overview of their pathology; (H) Explain and understand the importance of decontamination; and (I) Explain the difference between sanitation, disinfection, and

sterilization.

describing principles and practices of infection control and blood-borne pathogens as it applies to EPA, OSHA and Safety Data Sheets (SDS). Identify decontamination procedures to ensure the safety of the client and/or peers in the classroom and laboratory. Apply workemergency teamwork procedures and social skills in following the rules for professional ethics and demonstrate a cultural awareness of hygiene and socialized differences by using active listening skills.

Demonstrate proper set-up and operation of equipment and utilization of materials by mixing chemicals in appropriate proportions according to manufacturer's instructions. Clean and maintain implements by using appropriately mixed chemicals and following the procedures for decontamination of tools. Identify appropriate chemicals and perform disinfecting procedures.



Describe, observe, identify, and analyze the functions, structures, and diseases, and disorders of hair, skin and nails. Demonstrate and communicate to the client the proper care of hair, skin, and nails through cleanliness, nutrition, and healthful living. Evaluate and demonstrate proper draping, shampooing and conditioning, and rinsing as it applies to safety or diagnosis of clients.

Compile, practice, and critique procedures for maintaining a safe and sanitary environment for clients present in a cosmetology facility. Cite information for the Occupational Safety and **Health Administration** (OSHA) to identify precautionary guidelines to prevent illness, communicable diseases and injuries. Incorporate safety procedures and complete a safety test with 100 percent accuracy; include exam in course portfolio.



Applied Academic Foundations for Cosmetology

Understand and apply scientific principles of human anatomy, physiology, and chemistry to cosmetology services.

Analyze and apply appropriate academic standards required for successful industry sector pathway completion leading to postsecondary education and employment.

The student applies academic skills to the field of cosmetology. The student is expected to: (A) Explain the importance of reference points on the head, design elements, and principle needed for haircutting services, including analysis of client's facial shape, features, and profile.; (B) Analyze and explain how the chemistry of relaxing hair is achieved for various hair types; (C) Compare and contrast the different type of relaxers and the application procedures; (D) apply the principles of organic and inorganic chemistry; (E) differentiate chemistry of shampoos and conditioners for a variety of hair types and perform shampoo and conditioning applications; (F) demonstrate utilization of the pH scale for cosmetology services; (G) investigate basic histology of the hair and skin, related diseases and

Summarize the different functions, structures, and diseases and disorders of hair, skin and nails, citing your sources. Write a script and create a video or public service announcement explaining how to properly care for hair, skin, and nails through cleanliness, nutrition, and healthful living. Include correct demonstration of draping, shampooing, conditioning, and rinsing as it applies to safety or diagnosis of the clients in the video or public service announcement.

Nail Structure and Function Considerations: Evaluate concepts related to the advanced artificial nail techniques to demonstrate the following while adhering to all manufacturer's directions and safety procedures: a. Correctly apply artificial material, acrylic and gels, to the free edge of the natural nail and or to the full natural nail. Recognize and demonstrate understanding of diseases and disorders of the nail as well as the relationship to



disorders, corrective treatments and provided services based on hair and scalp analysis and applying safety precautions for scalp and hair treatments; and (H) differentiate between diseases and disorders that may be treated in the salon and those that require medical attention.

size for molding the artificial nail into a natural looking nail. b. Demonstrate comprehension of acetone product reactions to the skin and nails by removing the artificial material from the natural nail plate without damage to the natural nail. c. Apply knowledge of the chemical reactions of products to the skin and nails, correctly demonstrate the ability to properly polish the nail with a base, color and topcoat to make a smooth even shade to the nail, relying on consultation with client. Demonstrate ability to create an artful scene on a minute surface. d. Exhibit awareness of nail diseases and disorders by providing client with the proper information regarding safe nail maintenance.

Hair Services Considerations: Incorporating geometric principles, identify the reference points on the head, analyzing the purpose of and interrelationships to their role in haircutting and explaining the importance of



balance, consistency, and necessary technique changes.

Research and describe the principles and techniques that guide haircutting, including areas of the head, lines, sections, angles, elevation, guidelines, and over direction. Apply the haircutting principles to conduct an effective client consultation while also incorporating a hair and face shape analysis.

Differentiate between the chemical texture services exploring how each service affects the structure of the hair. Write an essay explaining the importance of potential hydrogen (pH) in chemical texture services, include distinguishing factors between sulfur, hydrogen, and disulfide bonds.

Recall and indicate hair characteristics; discuss the importance of evaluating how products affect the hair and how to select the best choices for clients. Analyze and identify levels and their role in formulating hair color in relation to melanin.



			Evaluate chemicals used in the hair coloring process including developers and lighteners. a. Explain the role of hydrogen peroxide in haircolor formulas. b. Compare and contrast lightener processes. Research and prepare informational artifacts that provide haircolor classifications and their uses, employing accurate terms and illustrations. Indicate each classification as nonoxidative or oxidative. Provide discussion on natural and metallic haircolor as well as all haircoloring safety precautions. Classifications should include: a. Temporary haircolor b. Semi-permanent haircolor c. Demi-permanent haircolor d. Permanent haircolor	
Personal and Employability Skills for Client Services	Demonstrate effective oral and written communication skills with diverse individuals, including coworkers, management, and customers.	The student demonstrates professional standards/employability skills as required by business and industry.	SkillsUSA Career Essentials may be used as an assessment for these standards. Describe the need for personal ethics by	SkillsUSA Leadership Contests SkillsUSA 4 Pillars



Understand and apply knowledge of business and employability skills required of cosmetology professionals.

Acquire and accurately use beauty industry terminology and protocols at the career and college readiness level for communicating effectively in oral, written, and multimedia formats.

The student is expected to:

- (A) demonstrate professionalism in how to dress appropriately, speak politely, and conduct oneself in a manner appropriate for the profession and work site;
- (B) employ the ability to be trustworthy by complying with an ethical course of action;
- (C) use conflictmanagement skills to avoid potential or perceived conflict; (D) demonstrate effective
- (D) demonstrate effective oral and written communication skills with diverse individuals, including coworkers, management, and customers;
- (E) develop skill in handling multiple tasks simultaneously such as prioritizing tasks, managing workflow under pressure, and completing work-related activities in a timely manner:
- (F) exercise personal ownership over the

cosmetologists. Collect Codes of Ethics from various cosmetology-related professional organizations and examine areas of commonality. Debate the significance of including standards in these areas. Synthesize principles from the codes investigated to create a personal code of ethics. Clearly define how the code of ethics relates to the culture of a salon and to retaining clients. Explore different salon cultures possible within the cosmetology industry.

Research and demonstrate proper consultation of clients. Practice effective verbal, nonverbal, written, and electronic communication skills for working with clients while demonstrating the ability to: empathize, motivate, listen attentively, speak courteously and respectfully, defuse client's anger or skepticism, resolve conflicting interests, and respond to client objections or complaints to the client's satisfaction. Using

SkillsUSA Career Essentials



		quantity and quality of individual performance and team assignment; and (G) employ leadership skills within a classroom or community setting to maintain positive relationships.	simulations, practice problematic clients and consultations using laws as reasoning.	
Client Services	Demonstrate knowledge of practical cosmetology industry skills such as manicure, pedicure, or hairstyling. Understand and apply tools and techniques for basic cosmetology services.	The student demonstrates an understanding in the use of tools, equipment, technologies, and materials used in cosmetology. The student is expected to: (A) employ safe and effective use of tools to enhance client services; (B) use ergonomically designed equipment to promote professional efficiency; (C) use available technology sources effective in a professional salon setting; and (D) apply universal precautions in disposal of hazardous materials; and (E) Explore and demonstrate various skills, industry trends, equipment, technology, standards, practices, and	Apply concepts related to nail procedures services: Research and create an informational artifact (e.g., brochure, poster, fact sheet, narrative, or presentation) explaining safety and sanitary procedures for nails in manicures and pedicures as it applies to advanced techniques, cite your sources. Apply nail wraps using proper techniques and safety and sanitary procedures. Write a narrative analyzing the correct removal application for each nail service or pedicure service technique. Demonstrate proper removal of all materials. Using correct techniques to apply nail tips including all sanitary and safety procedures and chemical processes.	SkillsUSA Contests: Esthetics Cosmetology Nail Care



career options in the cosmetology industry.

The student applies the academic knowledge and practical skills to simulated and actual work situations. The student is expected to: (A) demonstrate the fundamentals of haircutting including, angles, elevations, guidelines, face shapes, hair analysis, implements used, proper body position, and safety used in haircutting services; (B) perform proper client consultations for haircutting services, including greeting techniques, client needs and desires, proper maintenance needed for client, reflective listening and recommendations: (C) demonstrate proficiency of basic haircuts such as zero degree, forty-five degree, ninety degree, and one hundred eighty degree; (D) perform basic manicure, facial, and mock chemical service

Properties and Procedures for Hair:

Differentiate and demonstrate the proper techniques used in scalp care, shampooing, conditioning, and draping including head massage and specialized treatments, hair brushing, shampoo and conditioning services, and sectioning.

Identify, describe, and effectively demonstrate hairstyling techniques and manipulating implements appropriately, include the following, but not limited to: a. Advanced thermal hairstyling b. Advanced braiding c. Formal hairstyling

Draw on cosmetology texts and other technical documents to compare and contrast types of haircutting implements. Create a written report or visual depiction outlining the implements' characteristics and properties of each type. Describe the costs and other factors that influence the decision to use each type of implement. Discuss the importance of



application as required for the state practical exam; (E) demonstrate thermal hairstyling services, including the use of curling irons, hair pressing comb, hot rollers, etc. applying safety precautions for thermal tools; and (F) understand how the chemistry of relaxing hair is achieved for various hair types; (G) compare and contrast the different type of relaxers and their application procedures; and (H) perform basic chemical services applications for various hair textures and conditions.

high-quality professional implements, proper fit, and maintenance that is required of each. List of implements may include, but are not limited to the following: a. Haircutting shears b.

Texturizing shears c. Razors d. Clippers e. Trimmers f.

Sectioning clips g. Combs: wide-tooth, tail, barber, and styling or cutting

Demonstrate good posture and body positions while beginning basic haircutting techniques.

Write a narrative explaining the importance of good posture and body positions while cutting hair, analyzing the long term effects. Haircutting techniques may include:

- a. Sectioning techniques in relation to bone structure
- b. Elevation
- c. Holding shears and comb procedures (combing and actual cutting process)
- d. Parting techniques
- e. Sectioning techniques for different haircuts and bone structures

Chemical Services



Research various texts and form a hypothesis explaining why clients choose to use chemical texture services and how a cosmetologist can influence a client's decision. Also include a theory on why chemical services are the most lucrative and repetitive services in salons.

Prepare informational artifacts (e.g., brochure, poster, fact sheet, narrative, or presentation) of the following chemical texture service topics: a. Indicate and explain the four chemical reactions that take place during permanent waving.

- b. Compare and contrast an alkaline wave and a true acid wave.
- c. Explain the purpose of neutralization in permanent waving.
- d. Analyze how thio relaxers straighten the hair.
- e. Describe how hydroxide relaxers straighten the hair.
- f. Explain curl re-forming and how it restructures the hair.

Create an illustrative guide that outlines permanent



waving procedures. Include discussion for the purpose of the preliminary test curls, types of rods, end papers, directions for sectioning a perm, base placement and base direction, wrapping techniques and patterns, and safety precautions for permanent waving.

Create a flyer or graphic illustration that demonstrates reasons for why people color their hair (i.e., covering gray, enhance haircuts, conceal face shape imperfections, trends, etc.). Research and develop a logical explanation of the importance of why learning what specific chemical ingredients are and how they work.

Analyze the color wheel and apply concepts of color theory to the development of haircolor. Identify techniques that achieve desired hues, values, and intensities. Demonstrate the ability to color mix in various color systems, including color corrections.



Laws, Rules, and
Regulations (This
section may be
taught in any of the
courses in the
pathway sequence.)

Understand the laws, rules, and regulations established by Colorado State Statute and the Colorado Department of Regulatory Agencies pertaining to cosmetology professions. Practice professional, ethical, and legal behavior, responding thoughtfully to diverse perspectives and resolving contradictions when possible, consistent with applicable laws, regulations, and organizational norms.

The student demonstrates knowledge of rules and regulations established by the Colorado Department of Regulatory Agencies (DORA) Office of Barber and Cosmetology. The student is expected to: (A) apply health and safety policies and procedures; (B) recognize risks and potentially hazardous

- (B) recognize risks and potentially hazardous situations in compliance with the state rules and regulations;
 (C) comply with all
- applicable rules, laws, and regulations; (D) navigate the DORA website for exam eligibility, exam procedures, and other information related to licensing;
- (E) identify licensure and renewal requirements of the licensee or licensed cosmetology establishment or school; and
- (F) explain the importance of personal integrity, confidentiality,

Research and summarize in a clear and coherent narrative the legislative and electoral processes of state governments as it relates to cosmetology actions using public documents, textbooks, or government websites. Identify your role as well as the role of public agencies in supporting elected officials to meet goals and objectives, and in endorsing approved legislation or participating in the public rule-making process.

Gather research and analyze information from the Colorado Department of Regulatory Agencies (DORA) Office of Barber and Cosmetology Licensure. Generate a visual representation (e.g., chart, diagram, brochure, etc.) to illustrate important connections to the following: a. Sanitation, disinfection, and safety laws: cleaning and disinfecting of implements and equipment, cleaning and disinfecting work environment, and sanitary procedures and pathogens



	and ethical behavior in the workplace.	b. Licensing, certification, and industry credentialing requirements c. Legal responsibilities, behaviors, and practices/procedures (ethical vs. unethical, legal vs. illegal) Assemble a list of professional and governing organizations that provide professional development for cosmetologists in Colorado. In a written narrative, describe the benefits of ongoing professional development including the state requirements in Colorado for cosmetology and barbering professions.